

# Mayo-Japan Endocrine Seminar

TKPガーデンシティ京都タワーホテル 6階

2025  
June.12  
18:00~20:00



## Professor William F. Young, Jr., MD, MSc

Division of Endocrinology, Diabetes, Metabolism,  
and Nutrition | Tyson Family Endocrinology Clinical  
Professor, at Mayo Clinic,  
Rochester, Minnesota, USA



Coordinators

Akiyo Tanabe (NCGM)

Mitsuhide Naruse (Ijinkai Takeda General Hospital)

**Opening Remarks: Naruse, M, WF Young**

### Case Discussion (18:00-18:45) Commentator: WF Young, Jr.

Case 1: Long-term outcome of a PPGL patient of the atrium, neck, and right adrenal.

Kotaro Shiraga (Kyoto Med. Ctr.) **Chair Naruse, M**

Case 2: A very stable case of ACC with lymph nodes and bone metastasis.

Mika Tsuiki (Kyoto Med. Ctr.) **Chair Tanabe, A**

Short presentation 1: A Case of PA with SCS with difficult-to-interpret AVS Results.

Hanako Nakajima (Kyoto Prefectural Univ. of Med.) **Chair Takashi Yoneda**

Short presentation 2: Age-related alterations in steroid hormone pathways: Insights from a study of 78 healthy individuals based on LC-MS/MS results. Rieko Nakatani (Kyoto Med. Ctr.) **Chair Tanabe, A**

Short presentation 3: Global multicenter collaboration of the ENS@T Contribution from Japan.

Naruse, M (Ijinkai Takeda General Hosp.) **Chair WF Young**

### Keynote lecture (19:00-20:00)

**Professor WF Young, Jr**

★ Topics of Primary Aldosteronism (25min)

2025 US Endocrine Society Guideline in PA“ **Chair Yukio Hirata**

★ Topics of PPGL (25min)

Diagnosis and Management of Paraganglioma“ **Chair Naruse, M**

★ Discussion (10min)

**Closing Remarks: Hirata Y** (Emeritus Prof. Institute of Science Tokyo)

## Case Discussion (18:00-18:45)

Case 1: Long-term outcome of a PPGL patient of the atrium, neck, and right adrenal. (12 min)

CQ: suitability of the TX and future direction.

Kotaro Shiraga, Kyoto Medical center.

Chair Naruse, M, Ijinkai Takeda General Hosp

Case 2: A very stable case of ACC with lymph nodes and bone metastasis. (12 min)

CQ: Is Mitotane so effective? Any other Tx options?

Mika Tsuiki, Kyoto Medical center.

Chair Tanabe, A, NCGM

Short presentation

1: A Case of PA with SCS with difficult-to-interpret AVS Results. (5 min)

CQ: On MRA therapy for biochemical control, as surgical cure is unlikely. Is surgery a viable option?

Hanako Nakajima, Department of Endocrinology and Metabolism, Kyoto Prefectural University of Medicine.

Chair Takashi Yoneda, Department of Health Promotion and Medicine of the Future, Graduate School of Medical Sciences, Kanazawa University

2: Age-related alterations in steroid hormone pathways: Insights from a study of 78 healthy individuals based on LC-MS/MS results. (5 min)

Rieko Nakatani, Kyoto Medical center, Kyoto Prefectural University of Medicine.

Chair Tanabe, A, NCGM

3: Global multicenter collaboration of the ENS@T Contribution from Japan. (5 min)

Naruse, M, Ijinkai Takeda General Hosp.

Chair WF Young

